

**Desired Results Developmental Profile–Kindergarten (DRDP-K)
Correspondence to California Learning Standards:
Physical Development (PD) and the California Preschool Learning Foundations
(PLF)**

In general, the Physical Development (PD) domain of the DRDP-K aligns with the Physical Development foundations of the California Preschool Learning Foundations (PLF). The key observable skills and behavioral indicators of physical development in the descriptors and the examples of the DRDP-K are consistent with the PLF. Each measure of the Physical Development domain of the DRDP-K is discussed below.

**Correspondence between the DRDP-K Instrument and
the California Preschool Learning Foundations**

DRDP-K Measure	California Preschool Learning Foundations (PLF) in Physical Development	Measure Corresponds with PLF in the Following Ways:
<p>PD 1: Perceptual-Motor Skills and Movement Concepts</p> <p>Definition: Child moves body and interacts with the environment, demonstrating increasing awareness of own physical effort, body awareness, spatial awareness, and directional awareness</p>	<p><u>Fundamental Movement Skills</u></p> <p>Locomotor Skills, at around 60 months</p> <p>2.1 Walk with balance, oppositional arm movements, and relatively narrow base of support (space between feet).</p> <p><u>Perceptual-Motor Skills and Movement Concepts</u></p> <p>Spatial Awareness, at around 60 months</p> <p>2.1 Use own body, general space, and other people’s space when locating or relating to other people or objects in space.</p> <p>Directional Awareness, at around 60 months</p> <p>3.2 Can change directions quickly and accurately.</p> <p>3.3 Can place an object or own body in front of, to the side, or behind something else with greater accuracy.</p>	<p>Child walks while maintaining balance on more complex pathways (Locomotor Skills 2.1).</p> <p>Child adjusts movement in relation to others and the environment (Spatial Awareness 2.1).</p> <p>Child adjusts movement in games and dance (Directional Awareness 3.2).</p> <p>Child maintains spacing (spatial distance) of body in relation to coordinated movements of others (Directional Awareness 3.3).</p>

DRDP-K Measure	California Preschool Learning Foundations (PLF) in Physical Development	Measure Corresponds with PLF in the Following Ways:
<p>PD 2: Gross Locomotor Movement Skills</p> <p>Definition: Child shows increasing proficiency in fundamental locomotor skills (e.g., rolling, crawling, cruising, walking, running, jumping, galloping)</p>	<p><u>Fundamental Movement Skills</u></p> <p>Balance, at around 60 months</p> <p>1.2 Show increasing balance control while moving in different directions and when transitioning from one movement or position to another.</p> <p>Locomotor Skills, at around 60 months</p> <p>2.2 Run with a longer stride length and each foot off the ground for a greater length of time. Opposition of arms and legs is more consistent.</p> <p>2.3 Jump for height (up or down) and for distance with increasing competence. Uses arm swing to aid forward jump.</p> <p>2.4 Demonstrate increasing ability and body coordination in a variety of locomotor skills, such as galloping, sliding, hopping, and leaping.</p>	<p>Child combines and coordinates locomotor movements (Balance 1.2).</p> <p>Child combines and coordinates locomotor movements such as running (Locomotor Skills 2.2).</p> <p>Child combines and coordinates locomotor movements such as jumping (Locomotor Skills 2.3).</p> <p>Child combines and coordinates a variety of locomotor movements (Locomotor Skills 2.4).</p>
<p>PD 3: Gross Motor Manipulative Skills</p> <p>Definition: Child shows increasing proficiency in gross motor manipulative skills (e.g., reaching, kicking, grasping, throwing, and catching)</p>	<p><u>Fundamental Movement Skills</u></p> <p>Balance, at around 60 months</p> <p>1.1 Show increasing balance and control when holding still.</p> <p>Manipulative Skills, at around 60 months</p> <p>3.1 Show gross motor manipulative skills by using arms, hands, and feet with increased coordination, such as rolling a ball underhand, tossing underhand, bouncing, catching, striking, throwing overhand, and kicking.</p>	<p>Child combines movements to manipulate objects (Balance 1.1).</p> <p>Child combines movements to manipulate a variety of objects in multiple ways (Manipulative Skills 3.1).</p>

DRDP-K Measure	California Preschool Learning Foundations (PLF) in Physical Development	Measure Corresponds with PLF in the Following Ways:
<p>PD 3: Gross Motor Manipulative Skills (continued)</p> <p>Definition: Child shows increasing proficiency in gross motor manipulative skills (e.g., reaching, kicking, grasping, throwing, and catching)</p>	<p><u>Perceptual-Motor Skills and Movement Concepts</u></p> <p>Directional Awareness, at around 60 months</p> <p>3.1 Begin to understand and distinguish between the sides of the body.</p>	<p>Child coordinates two sides of his or her body in a variety of activities (Directional Awareness 3.1).</p>
<p>PD 4: Fine Motor Manipulative Skills</p> <p>Definition: Child demonstrates increasing precision, strength, coordination, and efficiency when using muscles of the hand for play and functional tasks</p>	<p><u>Fundamental Movement Skills</u></p> <p>Manipulative Skills, at around 60 months</p> <p>3.2 Show increasing fine motor manipulative skills using hands and arms such as in-hand manipulation, writing, cutting, and dressing.</p> <p><u>Perceptual-Motor Skills and Movement Concepts</u></p> <p>Directional Awareness, at around 60 months</p> <p>3.4 Demonstrate more precision and efficiency during two-handed fine motor activities.</p>	<p>Child manipulates objects using hands to accomplish a variety of tasks (Manipulative Skills 3.2).</p> <p>Child manipulates objects using hands with increased precision and coordination (Directional Awareness 3.4).</p>

Foundations in Physical Development not addressed by DRDP-K (2015) PD domain

- Perceptual-Motor Skills and Movement Concepts 1.1: Demonstrate knowledge of an increasing number of body parts.
- Active Physical Play 1–3

These foundations are addressed in the Health domain of the DRDP-K (2015).